

HOUSE RESOLUTION No. 6011

A RESOLUTION concerning physical education instruction in public schools.

WHEREAS, We live in a time when we have many modern conveniences that minimize the effort required to accomplish daily tasks. Our electronic devices make it possible to participate in games and activities which in a prior time would require physical action to participate. We watch television for hours on end making it a substitute for active entertainment; and

WHEREAS, This nation is facing a crisis of obesity. We combine a sedentary lifestyle with an excess of fatty, high calorie food. For many individuals this means a lifetime of struggling to maintain a healthy diet and for many it means a premature death; and

WHEREAS, Fortunately, we are recognizing the problem of obesity and healthy eating, and we are attempting to limit the availability of unhealthy candy, snacks and carbonated drinks at school; and

WHEREAS, To a large degree we have not focused on regular exercise for our school children. A moderate amount of exercise creates and develops healthy bodies and, if applied properly through regulated games, provides a sense of competition that urges our children to excel not only in sports but in the classroom and prepares participants for competition of later life; and

WHEREAS, Scheduled physical education classes for grades kindergarten through 12 would assist in assuring that our children exercise their bodies as well as their minds: Now, therefore,

*Be it resolved by the House of Representatives of the State of Kansas:* That the body supports physical education classes for all grades from kindergarten through 12; and

*Be it further resolved:* That the Kansas State Board of Education is urged to require some type of physical education class for all grades from kindergarten through 12.

I hereby certify that the above RESOLUTION originated in the HOUSE, and was adopted by that body

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*Speaker of the House.*

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*Chief Clerk of the House.*