

SENATE RESOLUTION No. 1811

A RESOLUTION encouraging participation in the American Heart Association's Go Red for Women campaign.

WHEREAS, Friday, February 6, has been designated "National Wear Red Day for Women" by the American Heart Association, and this event is part of the Go Red for Women campaign, the American Heart Association's national call to increase awareness about heart disease, the leading cause of death for women, and that this movement celebrates the energy, passion and power women have to take charge of their heart health in order to live stronger, longer lives; and

WHEREAS, The color red and the red dress symbol have become linked with the ability all women have to improve their heart health, and the American Heart Association is encouraging everyone to wear red on February 6 in support of all women who have experienced heart disease or stroke; and

WHEREAS, Diseases of the heart are the nation's leading cause of death and stroke is the third leading cause of death. In 2007, heart disease killed 5,727 Kansans, and more women die of cardiovascular disease than the next five leading causes of death combined, including all cancers; and

WHEREAS, Increasing women's awareness of heart disease through this program is important because only 21% of women consider cardiovascular disease their greatest health risk. This lack of urgency about women's heart health contributes to the death of over 460,000 American females each year, with over 11 females a day dying from heart disease and stroke in Kansas; and

WHEREAS, Many of the risk factors that can lead to heart disease, such as high blood pressure, high blood cholesterol and diabetes, can be controlled or prevented. Research has shown that men and women who lead healthy lifestyles, including making healthy food choices, getting regular exercise, maintaining a healthy weight and choosing not to smoke, can significantly decrease their risk of heart disease; and

WHEREAS, February is designated as American Heart Month, and women who contact the American Heart Association will be provided with information to learn their own personal risk for heart disease, using tools such as the American Heart Association's Go Red for Women Heart Checkup and by talking to their healthcare provider and obtaining information regarding free lifestyle programs to improve their health: Now, therefore,

*Be it resolved by the Senate of the State of Kansas:* That we support the efforts of the American Heart Association in reducing women's heart health problems and urge individual participation in the American Heart Association's Go Red for Women campaign; and

*Be it further resolved:* That the Secretary of the Senate provide an enrolled copy of this resolution to Linda J. De Coursey, American Heart Association, 5375 SW 7th Street, Topeka, KS, 66606.

Senate Resolution No. 1811 was sponsored by Senator Vicki Schmidt.

I hereby certify that the above RESOLUTION originated in the SENATE, and was adopted by that body

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*President of the Senate.*

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*Secretary of the Senate.*