| Approved | 3-4-92 |  |
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| * 1      | Date A |  |

at

| MINUTES OF THE HOUSE COMMITTEE ON PUBLIC HEALTH AND WELFARE   |
|---|
| The meeting was called to order by Carol H. Sader at Chairperson  |
| 1:30 / /a/m/.p.m. on February 19,   |
| All members were present except:  |
| Rep. Wagle, excused   |
| Committee staff present:  |
| Emalene Correll, Research Bill Wolff, Research Norman Furse, Revisor Sue Hill, Committee Secretary  |
| Conferees appearing before the committee:   |
| Chip Wheelen, Kansas Medical Society Dr. Michael Giessel, M. D. Steve Paige, Department of Health/Environment, Bureau of Environmental Health Services/Division of Health Eileen Hassett, Executive Director, Ks. State Board of Cosmetology Louis Petrakos, Tanning Salon owner Kahrs/Nelson/Fanning, Attorney's at Law (Written testimony only) B. J. Werne, Sunkissed Tanning, Wichita, Kansas |

Chair called meeting to order, drawing attention to Committee minutes for February 5th. Members had an opportunity to read them over carefully, then Chair noted motions were in order.

Mike Hurst, V. President, Sunfit Tan & Co., Lenexa, Kansas

Rep. Bishop moved the minutes of February 5th, be approved presented, seconded by Rep. Wiard. No discussion. Motion carried.

#### INTRODUCTION OF BILLS.

Amos offered a draft of legislation that would require wearing of motor cycle helmets, and he made this into the form of a motion to introduce this legislation as a Committee Bill. Motion seconded by Rep. Bishop. No discussion. Motion carried.

Chair requested a staff briefing on HB 2796.

#### BRIEFING ON HB 2796.

Mr. Furse gave a comprehensive explanation of HB 2796. There were no questions following the bill briefing.

Chip Wheelen, Ks. Medical Society offered hand-out (Attachment No.1), and explained this legislation was requested by the Kansas Medical Society, because of increasing numbers of patients who show symptoms of sunburn caused by the use of tanning devices. Many facility operators are responsible, some are not, and it is the belief of the Medical Society, that regulations should be legislated. He outlined proposed language, noting the consumers would be informed of risks/hazards, given information that should be provided before using tanning devices; calls for the posting of signs which would serve as reminders of possible dangers involved. Cost of regulating these facilities would be financed entirely by fees collected from those who must obtain a license to operate a tanning facility. He gave background on the choice of the licensing authority and explained that it is now changed on the recommendation that the Department of Health/Environment be the licensing/inspection authority. drew attention to a balloon copy of HB 2796 in attachment No. 1 that sets out proposed changes from initial language drafted.

Unless specifically noted, the individual remarks recorded herein have not been transcribed verbatim. Individual remarks as reported herein have not

#### CONTINUATION SHEET

MINUTES OF THE HOUSE COMMITTEE ON PUBLIC HEALTH AND WELFARE, room 423-S Statehouse, at 1:30 /a/m//p.m. on February 19, 1992 HEARINGS CONTINUED ON HB 2796.

Mr. Wheelen introduced Dr. Michael Giessel, a physician in the private practice of Dermatology.

Dr. Giessel gave a comprehensive background on ultra-violet rays, their effect on human skin; different types of ultra-violet rays; what the differences are in the natural sun and the rays in a tanning salon situation. He drew attention to adverse conditions that can happen if you are on several types of medications and are exposed to these ultra-violet rays; explained skin cancer risks. He and Chip Wheelen both answered questions, i.e., they request regulation by this industry for the safaety of the consumer; age 18 was suggested since this is the age used in the purchase of cigarettes; there are instances where tanning rays have therapeutic value and instances were cited. It was noted there is a list of medications available to physicians that consumers should be made aware of, if they plan to use tanning facilities or devices. He explained there are different results in different patients from medications, i.e., the blood level; what the strength of the medication is; how long it takes some medications to leave the system.

Steve Paige, Director/Bureau of Environmental Health Services, Department of Health/Environment offered hand-out (Attachment No.2). He stated support of this program, noting the Department of Health/Environment has proposed program initiatives of this type in past years that have not received budgetary support. There currently is statutory authority for the Secretary to register/control radiation producing devices, however, nothing currently is being done in this regard. If HB 2796 is enacted, the Department of Health/Environment recommends it be included in the development of regulations and the training of inspectors. He answered questions, i.e., if the Department is given authorization as the regulating agency, they would like to determine the fiscal impact, but he stated, this task would not be beyond the scope of their Agency to implement.

Eileen Hassett, Executive Director of State Board of Cosmetology gave hand-out (Attachment No.3). She stated their Board is not in opposition to HB 2796, however, if they are to be the regulating agency, they would require funding to administer requirements. They have concerns with a gray area, Section 1 (5) "any facility, whether independent of part of a salon". She stated this language should be clarified. She answered questions i.e., concerns in regard to the safety of the inspector in respect to radiation, this factor has yet to be made clear to their Board; funding would be needed to pay for inspectors and administrative tasks. They would have no problem with being the regulating agency if they are appointed to that task, but would need additional funding. They also would have no opposition to the Department of Health/Environment as the regulating agency either.

At this point, Chairperson Sader drew attention to fiscal note on  ${\tt HB\ 2796}$ , and noted it will be made available to members.

Louis Petrakos, member of SAE, (Suntanning Association for Education) stated support for <u>HB 2796</u>, but has opposition to certain provisions. (See Attachment No. 4). He noted his testimony represents 12 other indoor tanning salon owners in Johnson County. They are concerned they were not contacted by Committee and heard about this legislation just by chance. It appears that an attempt is being made to run this legislation through quickly and silently so as to avoid opposition. He stated as a resident, tax-payer and business proprietor he would emphasize the importance of the Committee to slow down the progress of this legislation so that it can be created logically and in a manner all can live with and say confidently it was a team effort and not done by two adversaries. Page <u>2 of 3</u>

#### CONTINUATION SHEET

| MINUTES OF THE _          | HOUSE             | COMMITTEE OF        | NPUBLIC | HEALTH | AND | WELFARE | · · · · · · · · · · · · · · · · · · · |
|---------------------------|-------------------|---------------------|---------|--------|-----|---------|---------------------------------------|
| room <u>423-S</u> Stateho | use, at <u>1:</u> | 30_ al.ml/p.m. on . | Februar | y 19,  |     |         | , 19_92                               |

#### HEARINGS CONTINUED ON HB 2796.

Mr. Petrakos drew attention to hand-out provided for Committee, (Attachment No. 5) from attorneys, Kaahrs, Nelson, Fanning, Hite, and Kellog, Wichita, Kansas. He then answered questions.

At this time, Chair asked Mr. Petrakos if he was under the impression that the state legislature has the responsibility to contact all persons that will be impacted by new legislation when hearings are to be held. He stated, they are contacted when taxes are due, so he thinks it only fair to be contacted when their business would be impacted by legislation being considered. Chairperson Sader gave a detailed explanation of how citizens of Kansas can obtain free of charge, a calendar of events on hearings, or by paid subscription, the calendar Committee hearings scheduled for all legislation being addressed by Committees. She noted it might be beneficial if a better understanding of the legislative process could be communicated to the citizenry, and that the citizenry assume some responsibility as well.

B. J. Werne, Salon owner, (Attachment No. 6) began his comments in answer to questions posed to Dr. Giessel. He stated he and other salons represented by attorneys Kahrs/Nelson/Fanning/Hite/Kellogg, endorse recommendations expressed in the letter Attachment No. 5), however there are a few exceptions. They agree there should be some regulation in the tanning industry. Most salon owners are responsible, however, some are not. As an educator and salon owner, he felt a responsibility to clarify some information given by Dr. Giessel in respect to ultra-violet rays. He gave a detailed explanation. He then offered photos of a specific site where a 3 foot warning sign would be overpowering, and noted current FDA mandates that tanning salons display a warning label on the tanning bed. He drew attention to the latter part of his hand-out noting the list of all medications that are light sensitive and he could provide that list to Committee if they wish. He noted the \$250 annual fee for salon was adequate.

Mike Hurst, operator of a tanning salon (Attachment No. 7), noted he also is a current member of SAE. He answered questions earlier asked. Their primary goal is to have a fair/workable set of rules for tanning salons to oprate under. They encourage this type of regulation as it will help those responsible owners. He displayed a manual that is used for training by the SAE member salons. He drew attention to part of his hand-out, i.e., client waiver/parental consent form that is used by his salon and a release form/informational brochure. He made recommendations, i.e., eliminate B type machines that utilize pure UVB ultra-violet light since they overexpose; each facility must have a minimum of 3 beds; regulation of the sale of tanning devices; tanning lamp strength should not exceed a UVB ratio of 4.8%; eyewear warning signs must be clearly posted; timing controls must be controlled by salon employees only; use of sanitized linens provided by salon should be mandatory. He welcomed regulation of the tanning industry. He answered questions.

Rep. Amos commended those in the industry that are responsible business owners, and for the well prepared and well presented testimony that was given this date.

Chair adjourned meeting at 3:13 p.m.

#### GUEST REGISTER

#### HOUSE PUBLIC HEALTH AND WELFARE COMMITTEE

|                                 |   | DATE 2-19-92                        |
|---------------------------------|---|-------------------------------------|
|                                 | ORGANIZATION A                          | ADDRESS                             |
| Mike Gressel                    | ts. Med. Soc.                           | 823 Mulvane Toget                   |
| Chip Wheelen                    | Ks Med. Soc.                            | 623 W. 10th Vojeka                  |
| Donnie Durjanic                 | american Cancer Sciony                  | 1315 Siv arrowhard, Sopla           |
| DONRITIER                       | SUNTAN SALONS INE.                      | 806 N. RIOSEVIEW OLATHE<br>Overland |
| Louis G. Petrakos               | European TANS, Inc.                     | 11422 W. 112-Th Terr Pack           |
| Michael A. HVRST                | Sunfir TAN ECO                          | 12102 W 87th St KS4215              |
| Ben + Helen Culver              | JAAA                                    | 4615 D.W. 8 - Jopska 66606          |
| Dorcas Welch                    | Senior Citigen                          | 125/8. Topeka Blvd                  |
| Marie allen                     | " | 111 11                              |
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| BOB BEARS                       | ARC /Ks                                 | Topera                              |
| Fileen M. Hassett ex. dir.      | Bd of Cosmetology                       | Topekg                              |
| Kathryn Er LeMosy               | Jaykowk Avea ligency on asing           | Topeka                              |
| D' HRYZlide                     | 165 Dental Assa                         | Supelen                             |
| Lathy Dogewett                  | St Blo Cosustakegy                      | Topeka                              |
| Marilyn Bradt                   | KINH /                                  | Laurence                            |
| Bill Cuth                       | Kes Degran Mag                          | '\                                  |
| Stahan Parac                    | KDYK                                    | Topika                              |
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#### GUEST REGISTER

#### HOUSE PUBLIC HEALTH AND WELFARE COMMITTEE

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|------------------|-------------------------------|-----------------------|
| NAME             | DRGANIZATION AD               | DRESS                 |
| King Townsend    | Kansas Hopital Association    | - Topk                |
| Doter Con        | KINH                          | Lawrence              |
| Marly HALL       | KINH                          | alathe                |
| Vera Dichen      | Jeff. Co. Service, Organ.     | Vinchester            |
| Donna Elliott    | OKINH O                       | Shawnee               |
| Dec Cannon       | KINH                          | Shawner Xs 66203      |
| Moldred Harknese | SAAR AW Bondon Aging.         | Lower Kane            |
| Helen Weishgar   | left. Co Service Organization | Nortouvelle Kansas    |
| Levra Jones      | C.J. Co Servicellaganization  | Winchester, KS        |
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#### KANSAS MEDICAL SOCIETY

623 W. 10th Ave. • Topeka, Kansas 66612 • (913) 235-2383 WATS 800-332-0156 FAX 913-235-5114

February 19, 1992

T0:

House Public Health and Welfare Committee

FROM:

Kansas Medical Society Chiral Guller

SUBJECT:

House Bill 2796; Regulation of Tanning Facilities

House Bill 2796 was introduced at the request of the Kansas Medical Society because of increasing concerns among our members attributable to the numbers of patients who present with symptoms of sunburn that are caused by the use of tanning devices. Although many facility operators are responsible in the manner that they allow their customers to use tanning devices, there are others who fail to inform customers of the inherent risks of using such equipment. It is for this reason that the Kansas Medical Society has adopted a policy position calling for the regulation of facilities which offer the use of tanning devices to their customers.

The bill is not designed to require the inspection and calibration of tanning devices which produce ultraviolet radiation. It is not required to govern the way that operators of tanning facilities run their business. It is designed to inform consumers of the risks and hazards of using tanning devices. The bill spells out the information that must be provided to customers before they may be allowed to use the tanning devices. The bill also calls for the posting of signs at strategic locations which would serve as reminders of the dangers involved when tanning devices are used.

The cost of regulating tanning facilities would be financed entirely by fees collected from those who obtain a license to operate a tanning facility. We chose to delegate this regulatory responsibility to the State Board of Cosmetology for a very simple reason--many of the tanning facilities are located within a beauty salon operated by a person licensed to practice cosmetology. It seems abundantly clear that certain economies could be achieved by consolidating the inspection functions. The tasks of inspecting a tanning facility outlined in HB 2796 would require that the inspector be capable of reading the English language; operating a second-hand or a stop watch to determine the reasonable accuracy of timers; and reading a simple thermometer to determine whether the inside of a tanning booth exceeds 100° Fahrenheit. This activity would not require any advanced training or special skills.

Apparently, the State Board of Cosmetology has decided that the responsibilities set out in HB 2796 would jeopardize its other functions. In view of the reluctance of the Board of Cosmetology, we have attached to our statement a copy of balloon amendments which would delegate the responsibilities to the

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February 19, 1992

TO: House Public Health and Welfare Committee Page Two

Secretary of Health and Environment, rather than the Board of Cosmetology. It makes no difference to the Kansas Medical Society which agency of state government administers the provisions of HB 2796. The important point to be made is that the job needs to be done in order to protect the public health.

Thank you for considering our position. We respectfully request that you recommend HB 2796 for passage.

JH460 2-19-92 Atlm 1-15 Session of 1992

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pills; and

#### **HOUSE BILL No. 2796**

#### By Committee on Public Health and Welfare

#### 1-28

AN ACT concerning tanning facilities; requiring licenses for operation thereof; providing for administration and inspection by the state board of cosmetology; prohibiting certain acts and providing penalties for violations. Be it enacted by the Legislature of the State of Kansas: Section 1. (a) As used in this act: (1) "Authorized agent" means an employee of the state board of cosmetology designated by the board to enforce this act. (2) "Board" means the state board of cosmetology. "Phototherapy device" means equipment that emits ultraviolet radiation that is used in the treatment of disease or other medical use. "Tanning device" means equipment that emits electromagnetic radiation with wavelengths in the air that is used for tanning of human skin and includes any accompanying items incidental to operation of the tanning device. (5) "Tanning facility" means any facility, whether independent or part of a salon, health spa or any other facility, which provides access to tanning devices. (b) This act does not apply to use of a phototherapy device by or under supervision of a person licensed to practice medicine and surgery. Sec. 2. (a) A tanning facility shall give each customer a written statement warning that: (1) Failure to use the eye protection provided to the customer by the tanning facility may result in damage to the eyes; overexposure to ultraviolet radiation causes burns; (3) repeated exposure to ultraviolet radiation may result in premature aging of the skin and skin cancer; abnormal skin sensitivity or burning may be caused by reactions of ultraviolet radiation to certain: (A) Foods; (B) cosmetics; or (C) medications, including: (i) Tranquilizers; (ii) diuretics; (iii) antibiotics; (iv) high blood pressure medicines; or (v) birth control

any person taking a prescription or over-the-counter drug

-secretary of health and environment

-department of health and environment or a person authorized pursuant to a contract with the secretary of health and environment who is

-secretary

(2)

-(3) "Secretary" means the secretary of health and environment

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# IF YOU DO NOT TAN IN THE SUN, YOU WILL NOT TAN FROM USE OF THIS DEVICE

- Sec. 4. A tanning facility shall not claim or distribute promotional materials that claim that using a tanning device is safe or free from risk.
- Sec. 5. A tanning facility shall not allow any person less than 18 years of age to use a tanning device.
- Sec. 6. (a) A tanning facility shall have an operator present during operating hours. The operator must be sufficiently knowledgeable in the correct operation of the tanning devices used at the facility that the operator may inform and assist each user in the proper use of the tanning devices.
- (b) Before each use of a tanning device, the operator shall provide the customer with protective eyewear that protects the eyes from ultraviolet radiation and allows adequate vision to maintain balance. The operator may not allow a person to use a tanning device if that person does not use the protective eyewear. The operator shall also show each customer how to use suitable physical aids, such as handrails and markings on the floor, to maintain proper exposure distance as recommended by the manufacturer of the tanning device.
- (c) The tanning facility shall use a timer with an accuracy of at least plus or minus 10% of any selected time interval. The facility shall limit the exposure time of a user on a tanning device to the maximum exposure time recommended by the manufacturer. The facility shall control the interior temperature of a tanning device so that it may not exceed 100 degrees Fahrenheit.
- Sec. 7. (a) The board may adopt rules and regulations to implement this act.
- (b) An authorized agent shall have access at all reasonable times to any tanning facility to inspect the facility to determine compliance with this act.
- (c) If an authorized agent finds that a person has violated, or is violating or threatening to violate this act and that the violation or threat of violation creates an immediate threat to the health and safety of the public, the authorized agent may petition the district court for a temporary restraining order to restrain the violation or threat of violation.
- (d) If a person has violated, or is violating or threatening to violate this act, the board, after a hearing in accordance with the administrative procedure act, may suspend the license of a tanning facility until such time that the tanning facility can demonstrate to the board that it has corrected deficiencies and is in compliance with this act and rules and regulations adopted pursuant to this act.

secretary

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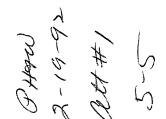
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- (e) On application for injunctive relief and a finding that a person is violating or threatening to violate this act, the district court shall grant any injunctive relief warranted by the facts.
- Sec. 8. (a) On and after January 1, 1993, a person may not operate a tanning facility without a valid license issued by the beard.
- (b) The license shall be displayed in a conspicuous place in the tanning facility.
- (c) On application, on forms provided by the board, and on receipt of the appropriate fee, a license shall be renewed by the board.
- (d) The board may adopt a system under which licenses expire on various dates during the year. As part of this system the annual renewal fee may be prorated on a monthly basis to reflect the actual number of months the license is valid.
- (e) The board may revoke, cancel, suspend or place on probation a license to operate a tanning facility for any of the following reasons:
- (1) A failure to pay a license fee or an annual renewal fee for a license;
- (2) the applicant obtained or attempted to obtain a license by fraud or deception;
  - (3) a violation of any of the provisions of this act; or
- (4) a violation of a regulation of the board adopted under this act.
- (f) The board shall establish appropriate licensure and renewal fees by adoption of rules and regulations.
- Sec. 9. Any person who operates an unlicensed tanning facility in this state or knowingly violates this act or any rules and regulations adopted under this act shall be guilty of a class C misdemeanor.
- Sec. 10. This act shall take effect and be in force from and after its publication in the statute book.

secretary

#### State of Kansas Joan Finney, Governor



# Department of Health and Environment

Azzie Young, Ph.D., Secretary

Testimony presented to Reply to:

House Public Health and Welfare Committee

by

The Kansas Department of Health and Environment

House Bill 2796

Passage of House Bill 2796 will establish a licensing/regulatory program for facilities having tanning devices available to the public. The responsibility for implementation of this program would rest with the Kansas State Board of Cosmetology.

In 1986, the Kansas Department of Health and Environment conducted a survey of 1000 physicians regarding injuries related to tanning devices. Over 500 replies to the survey were received by the department indicating more than 500 injuries had been treated in the previous year. Three percent of those injuries were considered to be extreme and nine percent were considered as serious. From this survey and other data the KDHE agrees that tanning devices need to be regulated in order to protect the public health.

KDHE supports a program directed at protecting and reducing injuries associated with tanning devices. In past years, the KDHE has proposed program initiatives that have not received budget support. KSA 48-1601 authorizes the Secretary, Kansas Department of Health and Environment to register and control radiation producing devices.

KDHE supports passage of H. B. 2796 as a means of furthering the protection of consumers using tanning devices. KDHE recommends that the Department be included in the development of regulations and training of inspectors.

Testimony presented by:

Stephen N. Paige
Director
Bureau of Environmental Health Services
Division of Health
February 19, 1992

Attach

## KANSAS STATE BOARD OF COSMETOLOGY

# HOUSE BILL NO. 2796

717 South Kansas Avenue Topeka, Kansas 66603-3811 PHONE (913) 296-3155

Thank you on behalf of the board of Cosmetology for the opportunity to respond to House Bill #2796. This bill would place the licensing, inspections and administration of tanning devices and facilities under the jurisdiction of the Kansas State Board of Cosmetology.

This agency is not in opposition of this bill, however, we will need additional funds in order to administer the requirements this bill proposes.

However, nothing is stated in this bill regarding tanning devices in private homes. Section 1.(5) states "any facility, whether independent of part of a salon" shall be included in the definition of "tanning facility." Would this include those tanning devices in private homes? This area is not specifically addressed in H.B. 2796. The term "facility" does not seem to be adequately defined.

An impact study is being compiled for your future review, at your request.

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Jo! Ratur

February 19, 1992

Rep. Carol Sader, Chairman House Committee on Public Health & Welfare Capitol Building, Room 115-S Topeka, KS 66612

Louis G. Petrakos 11422 W. 112th Terrace Overland Park, KS (913) 469-5908

#### Key Points Re: HB-2796

- We generally support but are in opposition to certain 1. provisions of HB-2796.
- We endeavor to provide safe tanning services and to 2. informing our customers.
- One of our major concerns is that no attempt was made by 3. the committee to contact any tanning salon owners regarding this legislation.
- Based on our knowledge, dermatologists appear to be 4. split on this issue.
- Each of our tanning salons has a significant number of 5. clients that have been advised to tan, and in many cases these customers have even been referred to us as patients by their dermatologists.
- Indoor tanning salons do provide proper instruction to 6. their customers.
- The reality is that sunburns cause skin cancer and 7. indoor tanning helps prevent sunburns.
- As responsible tanning salon proprietor's we have 8. Ale CO 2-19-12 attnet adhered FDA regulations as stipulated to the tanning industry.

- 9. The only success of this bill as it is currently written would be the eventual elimination of every salon in existence.
- 10. Another area of concern is faciltity fees.
- 11. Loss of indoor tanning salons would result in other direct losses to the state. If one by one these people lose their jobs, lost also will be federal, state, and local income taxes paid in by the employees. In addition each business pays the state sales tax collected on retail products, personal property taxes, unemployment taxes, and income tax ourselves.
- 12. Implemented properly, state regulations would be an effective manner of boosting the integrity of the indoor tanning industry.

PH4W 2-19-92 Att #4 2-8 February 19, 1992

Rep. Carol Sader, Chairman

House Committee on Public Health & Welfare
Capitol Building, Room 115-S

Topeka, KS 66612

Louis G. Petrakos 11422 W. 112th Terrace Overland Park, KS 66210 (913) 469-5908

With the permission of the Committee I would like to present the following testimony generally supporting but in opposition to certain provisions of HB-2796. I am speaking in behalf of a group of 12 other indoor tanning salons in Johnson County. Some of us are members of the Suntanning Association for Education, or SAE, an organization which is devoted to safety training of tanning salon operators and employees. All of us endeavor to provide safe tanning services and to informing our customers. As a spokesperson for this group I would like to address both issues and concerns we have in regards to the proposes House Bill 2796.

One of our major concerns is that no attempt was made by the committee to contact any tanning salon owners regarding this legislation. This is based on our contact of over 40 tanning salon owners in Northeast Johnson & Wyandotte Counties.

Based on this observation, it would appear that an attempt is being made to run this bill through as quickly and silently so as to avoid as opposition as possible.

In this is the case, I would like to point out that this is a serious mistake. For years many major corporations in this country have operated in a similar fashion. The automobile industry is a good example, one whose problems are

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att #4

all certainly familiar with. Until recently, the executive officers and engineers would dictate all operations and procedures from their corporate offices without ever visiting the assembly lines to determine what worked and what did not. In the last few years one by one the former auto giants realized (only after being directed by outside observers to the industry) that if they wanted to learn how to build better cars they needed to get their input from those people that actually built the cars.

Prior to mass production of the Ford Taraus and Mercury Lynx, Ford Motor Co. allowed their workers to review and recommend changes in both design of the car and assembly lines to build the cars. The workers came up with over 700 changes. Ford Motor Co. recognized about 690 of them.

So our question to each of you is why not ask us? This is our business, and the majority of us have been at it for 3 to 8 years. If we wanted to see a new law passed wouldn't we come to you?

One area we are not certain of is where the initial recommendation for this bill originated. We have heard that it is through the AMA. If this is the case please consider looking more thoroughly into the AMA's stand on indoor tanning over the past few years as their opposition has vacillated from time to time. As a matter of fact based on our knowledge, dermatologists appear to be split on this issue.

Each of our tanning salons has a significant number of clients that have been advised to tan, and in many cases these customers have even been referred to us as patients by their dermatologists. As a matter of fact, we have discovered that often times those Dermatologist's who are most opposed to our industry offer Ultra-Violet treatment in their office at the rate of \$75 per visit. While the average price of a session is around \$4.50 at a tanning salon. In considering the opinion of the AMA I feel that they are certainly in no position to cast doubt on ours or any other

D+14W 2-19-92 att#4 4-8 industry in our country. They have themselves been plagued with more law-suits than their are perhaps tanning salons in the United States. Even our own insurance carriers recommend and encourage that we get a "second opinion" for surgery or treatment these days. Just a few years ago that practice was unheard of and even looked down upon. So if your source is in fact the AMA. Please get a second opinion for our sake. SAE is certainly a qualified source.

If the purpose of this bill is to regulate tanning for the sake of regulation, then we should consider the other forms of tanning that occur within the state. For example:

Should there be licenses for people to tan in their own backyards--which is more dangerous and carcinogenic than tanning beds? Perhaps the State should consider regulating fishing, boating, or water skiing, since they expose people's skin to sunburn? Let us not overlook sunbathing that occurs at the city municipal pools in every community in the State, not to mention hotels, motels, country clubs, apartment complexes, and neighborhood pools operated by homes associations?

If <u>all</u> voluntary tanning is not controlled, then who will be liable for these numerous forms of unregulated tanning?

Indoor tanning salons do provide proper instruction to their customers. On the other hand, when was the last time you remember a lifeguard providing you or a family member with advice or training on tanning? The fact is that people suffer sunburns outdoors, at pools and on beaches, both at home and on tropical cruises and vacations. There has never been a single proven case of skin cancer caused by indoor tanning.

The reality is that sunburns cause skin cancer and indoor tanning helps prevent sunburns and at the worst only ages skin.

As responsible tanning salon proprietor's we have adhered FDA regulations as stipulated to the tanning industry

PH4W 2-19-92 act #4 5-8 since we have been in business.

Unfortunately, the only success of this bill as it is currently written would be the eventual elimination of every salon in existence. For instance;

Section 6 (c) line 24 States "The Facility shall control the interior temperature of a tanning device so that it may not exceed 100 degrees Fahrenheit." Does this refer to the temperature of the facility, or the temperature of the device. I must point out that if the reference is in fact to the "device" or the tanning bed that this will be an impossible goal as the temperature of all tanning beds exceeds that limit within the first 10-15 minutes of operation. Perhaps a preferable manner to state this regulation would be to follow the example of other states which have tanning regulations. Ohio's Administrative Code has a similar rule which is clearer to understand and leaves no question as to what the law means. It reads:

"Each tanning facility shall be so equipped to dissipate heat so that the interior temperature does not exceed 100 degrees fahrenheit or 34 degrees centigrade."

This is but one example of a Fahrenheit in House Bill 2796 which would have disastrous consequences to our State's tanning industry. Others are addressed in a letter dated February 17, 1992 to Rep Carol Sader and Committee Members from the law firm of Kahrs-Nelson of Wichita, Ks.

Another area of concern is facility fees. Excessive fees would have equally serious affects. While the price of every good or service we buy has gradually risen in the past 8 years, the average price of a tanning session has remained the same during this time.

In many cases tanning salon owner's have actually been forced to lower their prices in order to stay in business due to the competition in the market place. An excessive fee would either be absorbed by the owner's or passed on to the public as an indirect services charge tax by the state. In either case this practice can lead to the eventual demise of

DHOW 2-19-92 OH #4 6-8 the business as experienced in other States which took less than prudent measures to establishing regulations.

Once again if the State's intent is to regulate the tanning industry without the input of the industry itself then the results will be to regulate tanning out of existence. Before this is allowed to happen please consider these important factors.

On the average tanning salons are open 70 to 100 hours each week. As the co-owner/operator of two tanning salons in the past eight years I have employed 5 to 16 full and part-time employees at any given time. Our employees are in a group where unemployment has historically run high....

Teenagers and college students. We also employ many workers on a part-time basis that have a full-time job that need the extra money to quote "Make ends meet."

Another up side to the tanning industry is the fact that the turnover in our business runs far lower than that of many other positions which are available to young people. On the average most of our employees have worked from 3 to 6 years, beginning in high school and working through college during Christmas and spring breaks and summer vacations as well. How many young people do you know, or know of that can make that claim.

If one by one these people lose their jobs, lost also will be federal, state, and local income taxes paid in by the employees. In addition each business pays the state sales tax collected on retail products, personal property taxes, unemployment taxes, and income tax ourselves.

In closing I would like to point out that as a group we can provide the committee with much more pertinent information, unfortunately we did not learn of this bill until February 11th and first heard about this hearing on the 14th.

As a resident, tax-payer, and business proprietor in our great State of Kansas I can not overemphasize the importance for this committee to slow down the processing of this bill

PH4W 2-19-92 Att #4 7-8 so it can be created logically, and in a manner that we can all live with and confidently say we did it as a team not as adversaries for we do not oppose state regulation, yet at the same time we are, as a group, united against the current handling and verbage of the bill. Implemented properly, state regulations would be an effective manner of boosting the integrity of the indoor tanning industry. Done improperly the end results would create a situation that we all would live to regret.

I wish to Thank each of you sincerely for your time, understanding, and your ongoing consideration of this bill.

PH&W 2-19-92 All #4 8-8

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February 17, 1992

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OF COUNSEL DANIEL D. TONTZ CRISTY W. PASSMAN

VIA FEDERAL EXPRESS

Rep. Carol Sader, Chairman House Committee on Public Health & Welfare Capitol Building, Room 115-S Topeka, KS 66612

Re: HB 2796 (Tanning Facility Regulation)

Ms. Chairman and Committee Members:

H. W. FANNING

RICHARD C. HITE DARRELL D. KELLOGG RICHARD L. HONEYMAN LARRY A. WITHERS GARY A. WINFREY

SCOTT J. GUNDERSON RANDY J. TROUTT CHARLES E. HILL

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ROBERT HALL CLARK R. NELSON

STEVEN D. GOUGH

With the permission of the Committee, we would like to present the following written testimony generally supporting but in opposition to certain provisions of HB 2796.

By way of background, we represent a consortium of nine tanning salons located in Wichita. Since as early as 1983, tanning has been their only business. Most are members of the Suntanning Association for Education, an entity devoted to safety training of tanning salon operators and personnel, and all endeavor to provide safe tanning services to informed customers. Accordingly, with the exceptions identified and explained below, the consortium urges passage of HB 2796.

#### Exception Number One

Section 5 of the Bill should be struck or amended because it suggests Kansas citizens under the age of 18 cannot read and appreciate written warnings which those 18 and over can read and appreciate. The suggestion lacks a rational basis.

1-4

These tanning salons are identified at the conclusion of this testimony.

All consortium members already provide their customers with written warnings substantially similar to those set forth in Section 2 of the Bill. The tanning beds of all members already have affixed to them warnings substantially similar to those called for by Section 3 of the Bill (and mandated by the FDA). All make protective eyewear mandatory and all have trained operators present during operating hours.

The medical profession has long maintained that one of the greater risks posed by ultraviolet radiation, be it from the sun or otherwise, is the acute burn, particularly among younger individuals. Many of us can remember the "first-time-out" summer sunburn. Gradual and cautious use of tanning beds promotes the development of pigment change (a "base tan") which can help guard against the acute burn. It is not wise to refuse, for example, the 16- or 17-year old soon to embark on a ski or spring break trip the opportunity to carefully condition his or her skin in the weeks before leaving.

Several Wichita dermatologists, including Dr. Steven Passman of the Dermatology Clinic, P.A., have referred patients to consortium tanning salons for phototherapy treatment. Should access to this cost-effective treatment be denied those under 18 years of age?

Based upon the foregoing, we urge that Section 5 of the Bill be struck or, at a minimum, amended to provide: "A tanning facility shall not allow any persons less than 16 years of age to use a tanning device without written permission from a parent or guardian."

#### Exception Number Two

Most tanning salon "lobby" areas are approximately bedroom sized. Any three square foot sign, such as proposed by Section 3(a) of the Bill, will be obtrusive and would likely result in "sensory overload." Cunitz, Psychologically Effective Warnings, 17 Hazard Prevention 5 (1981). The same would hold true for two square foot signs in individual tanning rooms only slightly larger than the tanning beds therein. Moreover, from my years of product liability consulting with Drs. Laughery and Laux at the Rice University Human Factors Engineering Laboratory in Houston, I have learned that the presentation and content of warnings are much more important safety considerations than their physical size. See Lehto & Miller, Warnings: Fundamentals, Design and Evaluation Methodologies, 16 (1986) and Horst, McCarthy, Robinson, McCarthy & Krumm-Scott, "Safety Information Presentation: Factors Influencing the Potential for Changing Behavior," Proceedings of the Human Factors Society, 30th Annual Mtg., p. 111 (1986). Three and two square foot signs with compressed messages would comply with the literal language of the Bill, but not its obvious intent. Accordingly, we urge that the second sentence in Section 3(a) and the second sentence in Section 3(b) be amended to provide: "The sign shall be composed to attract attention and shall contain the following language . . . . "

The principal standards in the field of warning design are those promulgated by the American National Standards Institute. ANSI Standard Z535 deals with the design, application and use of signs, colors and symbols intended to identify and warn against specific

PHYW 2-19-92 WH#5 2-4 hazards. To comply with the ANSI standard, a safety sign must, among other things, begin with one of the signal words "Danger," "Warning" or "Caution." We believe the proponents of HB 2796 have selected the wrong signal word for use in Section 3 of the Bill. Ultraviolet radiation being a naturally occurring phenomenon (the sun), we believe the appropriate signal word is "Caution."

With final regard to warning signs, the sign contemplated by Section 3(a) of the Bill refers to exposure-related "bruising." To our collective knowledge, bruising is wholly unknown in the tanning industry. The proponent of this Bill should be required to cite you to medical or photobiological literature supporting the proposition that indoor tanning can cause bruising. Likewise, the signs proposed in Sections 3(a) and 3(b) of the Bill state: "Pregnant women or women taking oral contraceptives who use this product may develop discolored skin." We know of absolutely  $\underline{no}$  support for this proposition. Oral contraceptives make some women photosensitive (and this risk is specifically addressed in Section 2(a)(4)(C)(v) of the Bill), but to our knowledge the medical literature is devoid of support for a skin discoloration risk among pregnant women or those taking oral contraceptives.

#### Exception Number Three

Section 3(b) of the Bill is surplusage and should be struck in its entirety. As we are sure the Judiciary Committee would advise you, existing Kansas tort law is quite capable of controlling the legal liability of tanning facilities and manufacturers of tanning equipment alike. An affirmative statement to this effect is unnecessary and unsupportable by the proponent of this legislation.

### Exception Number Four

We believe some legislative limit on the Board of Cosmetology's otherwise unlimited discretion to establish license and renewal fees should be established. Consequently, we urge that Section 8(f) of the Bill be amended to provide: "The board shall establish appropriate licensure and renewal fees, not to exceed \$250.00 per year for each tanning facility, by adoption of rules and regulations." Fees would, of course, be subject to continuing legislative scrutiny.

On behalf of our member clients and their customers, we thank you for your consideration of our testimony. Should you have any questions, please let me know.

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Yours very truly,

Scott J. Gunderson KAHRS, NELSON, FANNING,

HITE & KELLOGG

#### SJG/plc

cc: Golden Glow, Inc. 951 South Rock Road Wichita, KS 67207

> B-Tan, Inc. 8526 West 13th, Suite 170 Wichita, KS 67212

Sunkissed Tanning Solarium 120 North Rock Road Wichita, KS 67206

Tan For All Seasons 3833 West 13th Wichita, KS 67203

Body Bronze, Inc. of Kansas 2121 North Tyler, Suite 111 Wichita, KS 67212

Caribbean Sun, Inc. 7777 East 21st, Suite 170 Wichita, KS 67206

Cherry Creek Suntan, Inc. 1625 South Rock Road, Suite 135 Wichita, KS 67207

Sweetbriar Suntan 2309 North Amidon Wichita, KS 67204

Sunburst East 946 South Rock Road Wichita, KS 67207

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#### The History of Sunbathing

Tanning in ancient Times The sun has always played an important role in the development of life on our planet. Primitive men used sun and water as medication. Al civilizations have utilized the sun's ultraviolet rays for therapeutic purposes. This treatment is called "Heliotherapy". For example, the Assyrians created facilities intended solely for sunbathing purposes. The Egyptians went so far as to worship the life-giving power of their sun god Ra. The ancient Greeks attached considerable significance to heliotherapy, and the great physician Hippocrates expressly specified the sun as a viable medical remedy. This father of all physicians assessed the quality of life in ancient Greek cities according to their favorable position toward the sun.

Roman Solariums Eventually, the Romans defined heliotherapy as part of their bathing culture. This became very popular among the people

"Healing Mountains" of the Germanic Races

and many built solaria on top of their houses. The Germanic races also recognized the sun's therapeutic benefits, but due to the lack of sun in their homeland, were forced to climb to the high "therapeutic mountains" in order to obtain the desired bodily reaction.

Thus, sunbathing is clearly not an invention of the present nor a mere shortlived fad. It was not until the turn of the century when antibiotics were discovered that sunlight for medicinal purposes began to wane. However, today's doctors are again discovering "phototherapy" as a beneficial, healthpromoting power for our bodies. Routine bathing and tanning, so popular during the Roman era, discontinued with the demise of the Roman Empire. Eventually, the practice of heliotherapy lost significance. However, history indicates that the effects of the insufficient exposure to sun soon became evident. Paintings and sculptures by the artists of the Middle Ages show that severe cases of rickets were very widespread among the general population. In contrast, the Greek culture, which placed great importance on sunlight as an integral part of its people's physical fitness, most often portrayed their models in the nude with quality body shape and tone. During the Dark Ages, nudity or even light clothing were considered immoral, and therefore, body training in the Greek sense was not encouraged. A change in values and attitudes has only recently occurred (1, 3, 26).

Sun Deficiency in the Middle Ages

Rediscovery of Heliotherapy

Heliotherapy for varicose veins was introduced in France toward the end of the 18th century. In 1855, Rickli of Switzerland opened the first sanatorium for heliotherapy treatment. The Nobel Prize was awarded to Finsen in 1903 for his successful scientific experimentation involving the treatment of skin tuberculosis with ultraviolet light (26). Throughout the 1920's and 1930's, Rollier continued to use phototherapy as a remedy for other forms of tuberculosis (3). It was only when chemotherapy gained popularity in the medical community that heliotherapy again was forgotten. However, once the unpleasant side effects of drug treatment became well known, phototherapy was again looked to as a viable and perhaps less burdensome alternative. In 1959, Stegmaier and Fulton employed UVA light in conjunction with photo-

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Photochemotherapy

sensitizers to create the foundation for photochemotherapy. In 1975. Tronnier published the treatment of dermatosis with medium-wave UV-rays without sensitizing medication, and labelled it "Selective Ultraviolet Phototherapy" (SUP) (38).

Phototherapy

In the mid-1970's, the Institute F. Wolff conducted research in order to determine the relative thresholds of the various photobiological reactions in the body. On the basis of the aforementioned cumulative knowledge, modern ultraviolet radiation technology was invented (27).

#### **Heliotherapy Today**

Cloudy skies, short winter days and air pollution all affect our environment. During the wintertime, the city dweller in today's industrial society could realistically feel as though he were confined to a dark dungeon. And when suddenly a sunfilled spring day arrives, what would we observe? Radiant colors and the warm March sun serve to allude to the new approaching season. Gradually our mood changes. After a fews hours and days in the warm spring air we feel more

Revitalization by Sunlight

> active, revitalized and productive (1). It may seem as though we had experienced a rebirth.

The Lack of Sun during the Winter Months

We have all at one time or another experienced seemingly endless grey winter days. When we go to work, it is dark. When we return from work, the sun has already set. During working hours we move about in glass-shielded or even windowless rooms. Over the weekend, the winter weather again forces us indoors, be it in the living room, restaurant or in the car. Behind these windows, there is little hope for the brightness and stimulation which we normally derive from the sun. However, dimmed as the sun is during the winter months, we will not experience a sunburn either. This very sunburn, however, often quiets our addiction to the sun with painful experience. Sunburn is the body's natural alarm signal. Ignoring the body's own warning system will result in serious consequences. Therefore, it is essential that we take heed of sunburn and carefully regulate exposure times in order to avoid this sunburn.

Sunburn as Waming

> If sunburn could be prevented, the apprehension felt regarding permanent skin damage, such as premature aging and skin cancer, would be eased. Vacation time could be enjoyed from the first day onward.

> > PH+W 2-19-92 Att#6

#### The Scientific Dispute Concerning Ultraviolet Rays

Controversal scientific Statements The scientific community has for years recognized that all biological life is unquestionably dependent on sunlight. Consequently, it should be evident to all physicians that exposure to the sun's rays has a very strong impact on the physical and psychic well-being of man. The healing effect of sunlight is also well known, and ultraviolet light has been used very successfully in the treatment of various skin diseases (3, 28, 29, 30). In spite of all this, sunbathing has been the subject of considerable controversy. Dermatologists in particular state that the ultraviolet portion of the sun's spectrum is dangerous. Many skin specialists allege that any tanning will lead to premature aging of the skin (elastosis) as well as skin cancer. Raab goes so far as to state that he can predict when these biological events will occur. By taking into account the skin type and the environmental conditions, he hypothesizes that the threshold limit for the occurrence of carcinoma is somewhere between 50.000 and 120.000 sun hours (31). Kaase et al., set this threshold even lower at 40.000 hours in the sun intensity of Central Europe (32).

Experience versus Condemnation of the Sun

Excessive Warnings are untrustworthy

TRONNIER: No Skin Cancer from UVA

Light-induced Cancer can occur with Excess Dosage

With proper Use, Tanning Devices are harmless

The Dosage determines whether Tanning has positive or negative Consequences

The condemnation of the sun's rays is in direct contradiction to what is required for our biological processes. If ultraviolet rays would have the fatal effect alleged by many, the human race would have been extinct long ago. However, the exact opposite is true. The more the sun shines, the healthier and happier people are! Greiter, Guttmann and Washüttl stated: "The publicized negative correlation in Western society between ultraviolet rays and the human organism is contradicted by the behavior of more than 200 million people, who, despite all warnings, increasingly travel to sundrenched regions."(34). In Raab's opinion: "We lose public confidence when we, on the one hand, recommend radiation therapy for certain diseases, and on the other hand, tell people to cover themselves with thick protective oils and creams. Furthermore, we develop sunscreens in order to prevent any damage which could possibly be caused by solaria." (35). At a conference involving over 240 physicians and scientists, Tronnier stated that as to tanning salons: "UVA light, which is the portion of the spectrum which induces tanning and which is most prominently present in the lamps used by the majority of tanning salons, most certainly does not cause skin cancer. The only people who contract skin cancer are those who have a perpetual sunburn. Lightinduced cancer is a typical scar carcinoma." Stüttgen, Korting et. al., report that there is no confirmed proof that extensive tanning in the sun or in solaria contributes to malignant melanoma. Experiments conducted by Stadler and Orfanos found that after 60 tanning sessions on 10 test persons, no damage to the skin became evident. Therefore, no objections were voiced against limited, reasonable use of ultraviolet devices for tanning purposes (36). Sensible use is what determines the advantages or disadvantages of sun exposure. Even the scientists of the World Health Organization (WHO) agreed that the impact of ultraviolet light on the human organism corresponds directly with the dosage received (37). In his "sun account", Greiter also views the dosage as the decisive factor in beneficial sun exposure. When a person exceeds the sunburn threshold (1 MED), the negativo offoata

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# **BIOPOSITIVE EFFECTS**

The Sun Vitamin: Vitamin D<sub>3</sub>

Vitamins are essential for Life

Synthetic Vitamin D is no Substitute

The Vitamin D₃ is responsible for the Vitamin D Activity in the Body

Vitamins are essential active substances which the body cannot produce or not in sufficient quantities. Most often they can be found in the food.

Unfortunately, cod liver oil is the only significant food source of vitamin  $D_3$ . Tablet-form synthetic vitamin D does not have the same effect on the body and in large amounts can be toxic (11).

The most important source of vitamin D is the sun. To be more precise, it is the shorter wave end of the light spectrum which induces vitamin  $D_3$  formation. UVB rays convert the provitamin 7-dehydrocholesterol present in the skin into vitamin  $D_3$ . The vitamin D formed in the skin is transported by the blood to the kidneys. There it is changed into the final active compound. The sun also controls the proper concentration of Vitamin  $D_3$  by converting excess amounts into inactive forms like Lumisterol and Tachysterol.

Ergosterol is another substance which can be ingested with food and is converted by ultraviolet light into vitamin D. However, the ultimate form of ergosterol is vitamin  $D_2$ , but it is vitamin  $D_3$  which induces 70% to 90% of the body's important vitamin D processes (10).

Because it is the exposure to the sun's ultraviolet light which best creates vitamin D in the body, it is understandable that in the wintertime, we may not be able to form the amount of vitamin D we need. Clouds, fog, heavy clothing and a tendency to remain indoors for most of the season are all factors which could contribute to a deficiency. Four weeks after deprivation of sun the Vitamin  $D_3$  level drops drastically.

#### **Calcium Balance**

Vitamin D<sub>3</sub> is primarily responsible for Calcium Resorption As the diagram above illustrates, vitamin  $D_3$  and the resultant calcium binding proteins contribute to the absorption of calcium which the body receives by ingestion. Calcium is very important for the proper functioning of the entire body. Calcium as a carrier substance controls the cell's internal process and assists in cell division. It also plays a role in muscle contraction and in transmitting nerve signals. The amount of glycogen (stored sugar) is also reduced in the body (44, 46).

Calcium Ions as internal Carriers

The body's calcium "messenger service" operates at the speed of light. An electrical signal is sufficient to open up the cell membrane to the many calcium ions present outside the cell. The higher the concentration difference of calcium between the outside and inside of the cell, the faster the required reaction.

Lack of Calcium: Functional Impairment and Bone Deformities

Experimentation Results: Increased Calcium Resorption found under UVB Lighting If a calcium deficiency exists, the body will withdraw from its calcium reserves stored in the bones in order to maintain the proper calcium level. If too much calcium is withdrawn, the bones become soft or very brittle (45).

The degree to which an adequate calcium level is dependent on UVB is demonstrated by an American experimentation. In this research, two groups of test persons spent a period of several weeks under typical, artificial indoor lighting. In spite of being fed a diet which adequately supplied their calcium needs, the calcium level declined to 40%. Subsequently, one

PH4W 2-19-92 Att #6 4-8 group was exposed to UVB erriched lighting while the other remained in the same surroundings. After only four weeks, it was found that the calcium resorption of the control group had further declined whereas the test group showed a significant increase in the calcium level (12).

The results coincide with other findings which state that diseases related to lack of calcium most often occur in the winter and spring seasons.

# Therapeutic Radiation

Phototherapy as a supportive Measure The therapeutic use of UV light, phototherapy, has already proved itself in the field of dermatology. Despite its long tradition in this specialized area, it has been under utilized in general medicine. This seems incomprehensible given the fact that natural global radiation has long been used therapeutically to ease specific illnesses as well as a supplemental treatment for other types of therapy. Use of phototherapy as opposed to drug treatments can minimize many undesirable side effects as well (48).

#### **Psoriasis Vulgaris**

PSORIASIS Symptoms Psoriasis is a disease which affects approximately 2% of the world's population. The most common symptom is red, scaly patches which tend to form on parts of the body which have weaker circulation such as the extremities, scarred tissue and elbows. These symptoms recur in "stages".

Psoriasis is characterized by accelerated DNA synthesis and cell division in the basal cells of the epidermis. Thus, the division rate of the basal cells takes only 3–4 days instead of the usual 28 days in normal skin. The symptoms and effects of psoriasis generally improve throughout the summer months and those who live year around in hot, sunny regions of the world are generally not affected by this disease. Events which can bring on a bout of psoriasis include psychological stress, alcohol abuse, poor dietary habits and lack of sunshine.

Ultraviolet Treatment Ultraviolet rays have been found to activiate aerobic respiration, thereby supplying needed oxygen to body tissue. *Tronnier* has already shown that by means of phototherapy, oxygen pressure in tissue was significantly increased and normalized while there appeared a corresponding reduction in skin bleeding. Relapses can be predicted when the oxygen pressure in the tissue decreases.

DH4W 2-19-92 Att #6 5-8 RICKETS Symptoms Rickets

Rickets is considered one of the most serious diseases afflicting many newborns and infants. The illness is the result of a calcium deficiency in the bones due to insufficient vitamin D supply as well as to the body's failure to assimilate phosphorous (hypophosphataemia).

The skeleton becomes soft and therefore, deformed. The front part of the skull often protrudes, the bone cartilage of the rib section distends, the chest cavity becomes enlarged and bell-shaped, the pelvis takes on a distorted appearance and the tibia in both legs become twisted, thereby forming "cork-screw legs". Normal body growth is retarded and the teeth become displaced (malocclusion). These children also are prone to suffer from bronchitis, pneumonia, diarreha and spasmophilia.

Ultraviolet Treatment With the exception of cod liver oil, UV exposure is practically the only method of forming vitamin  $D_3$  in the body. Anywhere from 70% to 90% of calcium resorption depends on the presence of vitamin  $D_3$ , UV light converts 7-dehydrocholesterol in the skin into vitamin  $D_3$  which, in turn, is catalyzed in the kidney to its final effective form.

OSTEOMALACIA Symptoms Osteomalacia (Softening of the Bones)

Osteomalacia is a disease in adults due to deficient incorporation of essential minerals into the bone structure. The bones become soft and brittle and bend easily. Osteomalacia is caused by lack of vitamin  $D_3$  and adequate UV radiation as well as by the normal aging process.

Ultraviolet Treatment Exposure to UV radiation helps to form vitamin  $D_3$  and thus aids in the necessary calcium absorption needed for strong bones.

ACNE Symptoms Acne

Acne vulgaris frequently affects adolescents. 60% of males up to age 16 and 70% of females up to age 12 suffer from this disease.

Acne conglobata and androgenetic acne is a type which often manifests itself in women later on in life.

Acne efflorescence especially affects the face, neck, chest and back area of a person.

Comedones or blackheads (a dark-colored blockage of the skin's pores) constitute typical features of acne and are frequently accompanied by redness, swelling, papules and pimples. The deeper the inflammation of the skin, the greater the chances of scarring.

There are three main causes for an outbreak of acne:

- Seborrhoea (abnormally increased secretion and discharge of the sweat glands);
- 2. Bacteria which decompose fatty lubricant matter secreted by the sweat glands of the skin;
- Interference in the energy metabolism due to the reaction of the unsaturated fatty acids with free sulfhydryl (a change in the oxidation potential).

Ultraviolet Treatment When exposed to ultraviolet light, the disturbed cornea and sweat secretions become controllable. It appears that exposure to sunlight causes a more rapid renewal and removal of dead cells on the outer layers of the skin. UV allows the sweat glands to drain, thereby decreasing the blockages and inflammation in affected areas.

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#### **Use of Indoor Tanning Equipment**

Light Protection Treatment: Development of the Body's natural Light Protection Light Protection Treatment. As mentioned in the previous chapter, tanning equipment is recommended for the development of the skin's light protection mechanism, particularly useful when travelling to high sun-intensity vacation spots. However, a necessity and precondition for this development is a natural radiation spectrum similar to that of the sun itself. The amount of UVA must be adequate to oxidize melanin but a minimum of UVB must also be present in order to initiate pigment formation. Tanning lamps which emit pure UVA are not ideal for this skin preparation because exposure can produce a maximum 10-fold light protection. On the other hand a sun-similar spectrum provides a sun protection factor of up to 100 (43).

Dosage for vacation purposes: If possible, daily exposure for the preceeding 3 weeks by means of a gradual increase in exposure time.

Cosmetically satisfactory Tanning requires a natural Spectrum **Skin Tanning:** Tanning occurs in two stages. Pigment is initially generated by UVB and is subsequently darkened by UVA. Because of the inherent risks, pigment formation by high intensity-UVA should be avoided (see chapter "Skin Tanning"). For the best tanning results, any indoor tanning

lamp must utilize a spectrum similar to that of the natural sun; that is, both UVA and UVB must be present. Pure UVA can only tan pre-existing melanin granules in the skin, but will generally not stimulate the production of new melanin.

Dosage for tan maintenance: Two exposures per week with a maximum time of 30 minutes per session.

Annual Fluctuations of Natural Global Radiation

UV Reduction due to modern Living Health Care: The body is dependent on sun energy and is therefore considerably influenced by seasonal variations. The UVA portion of the sun's radiation is reduced by about 75% in the winter. UVB loses over 90% of its intensity during the same period as compared to that of the summer season. The changes in the body's energy level which varies according to seasonal radiation patterns is somewhat mediated by its own heightened physiological light sensitivity. However, when people shut themselves off from the outdoors and remain behind closed doors throughout the winter, the already low dosage of UVA can be cut in half. Furthermore, any amount of UVB could be totally lost. It is no wonder that

PHMW 2-19-92 att#6 7-8 Compensation for insufficient Sunlight

wintertime is the season in which the body becomes "ripe" for the onset of illnesses and certain diseases. It is often in the winter that vitamin  $D_3$  levels and blood calcium concentrations reach the lowest annual point. In response, bodily activity and physiological capabilities often decline as well. Indoor tanning equipment can compensate for any deficiency or strain which the body may experience due to seasonal rhythms.

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# Suntanning Association for Education

February 18, 1992

The Honorable Carol Seder Chair, Public Health and Welfare Committee 115 South Capitol Building Topeka, Kansas 66612

Dear Representative Seder:

I represent the Suntanning Association for Education (S.A.E.), a national, non-profit trade association for the indoor tanning industry. Our primary goals are in the areas of education, legislative action, and media relations.

Our organization is in full support of legislation which provides for a tanning facilities inspection program at the state level. Our primary goal is to ensure adequate consumer protection and knowledge of the potential risks involved with tanning, and a fair, workable set of rules for the tanning facilities. We have worked with almost every state involved with tanning legislation, and have successfully provided information and industry representatives in a working group capacity which have led to excellent programs. To date, 27 states are at some point in the legislative or draft rule process.

With regard to House Bill 2796, I respectfully submit the following comments for the committee's consideration.

- 1. Section 1 (1)(2): Recommend to change the enforcement of this act from the Board of Cosmetology to the Department of Radiological Health, or such agency who is knowledgeable in ultraviolet radiation and consumer protection. Our nationwide experience shows the process of drafting and implementing a tanning facilities inspection program is much more productive.
- 2. Section 3 (a) lines 7-8: The warning sign size of 36 in. by 36 in. is exceedingly out of proportion to the potential risk involved with cosmetic ultraviolet light exposure. For example, nuclear radiation warning signs posted in a cancer treatment facility are about 8 in. by 10 in. Microwave in use signs are about 5 in. by 7 in. Most standard traffic signs are not nearly as large as the proposed tanning facility sign. The objection here is not in displaying a warning sign, but against the unreasonable size. Nationwide sign sizes emerging as adequate and acceptable are 8 in. by 10 in., or 9 in. by 12 in. In addition, UV emitting equipment is required to have permanent warning labels conspicuously posted on the units, and Section 2 of this bill requires the facility to give each customer a written warning statement. The extent to which the consumer is faced with warning information will only serve to encourage them to ignore it.
- 3. Section 3 (a) lines 9-22: Recommend that the warning language used be that which is promulgated by the Food and Drug Administration (FDA) in 21 CFR 1040.20 (See Attachment A.) The FDA invests a significant amount of time and money to devise, promulgate, and supervise ultraviolet protection for consumers. The statements regarding skin "bruising", and "pregnant women or women taking oral contraceptive who use this

(JHW) 2-19-92 Att #7 1-9 product may develop discolored skin" are not Board certified medical statements, and may cause undue alarm in the customer. Skin bruising and discoloration can result from many other sources not related to UV exposure.

- 4. Section 3 (b): same comments as 1 and 2.
- 5. Additional comments: Sign standardization and economy of scale should be employed here. Sign sizes as proposed in the bill are economically burdensome. Recommend that the Board design and distribute, as part of the facility registration package, standard signs. This would assist the facilities in compliance with the rules.
- 6. Section 5: What rationale is creating this section? No other state has considered prohibiting persons under the age of 18 to tan, but instead, have developed strict rules to prevent abuse. With regards to UV exposure, tanning indoors offers a controlled environment, where a person receives moderate and gradual exposure to UV, greatly minimizing the risk of overexposure. Overexposure causes burns, which conclusively leads to long-term skin damage. Moderate, controlled exposure, eliminating skin burning is not proven to contribute to long-term damage.
  - S.A.E. recommends the following provision for minors:
  - a. Before any person between fourteen and eighteen years of age uses a tanning device, the tanning facility shall secure a statement signed in the presence of the tanning facility owner or operator by the minor's parent or legal guardian stating that the parent or legal guardian has read and understood the warnings given, consents to the minor's use of a tanning device, and agrees that the minor will use the protective eyewear that the tanning facility provides. A person under fourteen years of age shall be accompanied by a parent or legal guardian when using a tanning device.
- 7. Section 6 (a): Recommend to change "sufficiently knowledgeable in the correct operation of the tanning devices" to "formally trained in the correct operation of the tanning devices." The agency can then review and define a formal training program for operators which will aid in consumer protection. This program should include ultraviolet light and its effects on the skin, photosensitivity, FDA regulations, eye protection, and equipment, maintenance, and lamp compatibility at minimum.
- 8. Section 6 (b): Protective eyewear should meet the standards of 21 CFR 1040.20. Revise to read "...the operator shall provide the customer with protective eyewear which meets the standards of 21 CFR 1040.20..."

Industry representatives are planning to be present at the hearing tomorrow. I would welcome the opportunity to discuss the bill with you in advance of the hearing, and am available at 800-536-8255 the remainder of today, and tomorrow. Please be assured that our goals are the same, and that you have the association's full support for tanning facility regulation.

Sincerely

Executive Director

JB/me

cc: S.A.E. Board

2-19-92 271#7

2.-9

#### Attachment A

Warning Statement for Sunlamp Products as Required by 21 CFR 1040.20

"DANGER - Ultraviolet radiation, Follow instructions. Avoid overexposure. As with natural sunlight, overexposure can cause eye and skin injury and allergic reactions. Repeated exposure may cause premature aging of the skin and skin cancer. WEAR PROTECTIVE EYEWEAR: FAILURE TO MAY RESULT IN SEVERE BURNS OF LONG-TERM INJURY TO THE EYES. Medications or cosmetics may increase your sensitivity to the ultraviolet radiation. Consult physician before using sunlamp if you are using medications or have a history or skin problems or believe yourself especially sensitive to the sunlight. If you do not tan in the sun, you are unlikely to tan from the use of this product. "

PH+W 2-19-92 Att #7 3-9

#### SUNFIT TAN & CO. 12102 W. 87th Street Lenexa, Kansas 66215

February 18, 1992

Rep. Carol Sader, Chairman House Committee on Public Health & Welfare Capitol Building, Room 115-S Topeka, Kansas 66612

Ms. Chairman and Committee Members:

With regard to <u>House Bill 2796</u>, <u>Sunfit Tan & Co.</u>, respectfully submits the following comments in addition to all documentation introduced.

As a member of Suntanning Association for Education (S.A.E.), Sunfit and its Kansas affiliates are firmly committed to encouraging responsible tanning, both indoors and outdoors.

We welcome the introduction of certain elements of House Bill 2796, and accordingly, are taking the initiative to organize a Kansas chapter of S.A.E.

This chapter will have as its mission, to cooperate and enforce national, state, and local regulations that encourage standardized, professional practices within our industry.

You will find three enclosures provided by my salon. These informational guides have been incorporated into my salon practices since entering the tanning industry in June of 1990.

The first is a Client Waiver / Parental Consent form that all customers, regardless of age, must complete before starting any tanning program. Your attention is directed to the bottom of the form, where if under 18, a parent or guardian's consent is required.

The second is an informational release form, supplied to the customer during the introduction phase prior to starting the tannning program. This release form is being developed to better educate the client to the benefits and possible negative effects of indoor tanning.

The third is a helpful informational device that is supplied to each customer. This leaflet provides additional detail on safe tanning practices recommended by S.A.E. and Sunfit Tan.

PHYW 2-19-92 Att+7 4-9 I would also like to make the following recommendations to the committee.

Elimination of B type machines that utilize pure U.V.B. ultraviolet light. These tanning devices overexpose the customer during short periods of time (1 to 5 minutes), resulting in severe cases of erythema.

All tanning facilities should be dedicated to being a full time tanning salon. As such, the facility must have a minimum of 3 beds. This will help to regulate the marginal facilities (small beauty salons, gymnasiums, dress shops, apartment clubhouses) that are not committed to professional and responsible tanning practices.

Consideration must be given to regulating the sale of tanning devices to the general public through major retail establishments.

Tanning lamp strength should not exceed a U.V.B. ratio of 4.8%.

Eyewear protection warning signs must be posted and clearly visible in each tanning room.

Timing controls must be operated and regulated by salon employees only.

The use of terrycloth towels, disinfected by commercial linen companies, should be used to provide better personal hygiene to the customer. These cloths provide better absorption in the disinfecting of bed surfaces, resulting in a higher degree of sanitation.

The record should note that Dermatoligists routinely refer patients to tanning salons for the treatment of psoriasis.

Sincerely,

Michael A. Hurst Vice President

Sunfit Tan & Co.

PHAN 2-19-92 Att #7 5-9

#### SUNFIT TAN & CO.

| Customer: |  |
|-----------|--|
|           |  |
|           |  |

It is our intention to keep you as well informed about tanning as possible. This means informing you on how to operate the equipment, and the possible negative effects of tanning as well as the obvious positive ones. The proper procedure to follow in the tanning room will be clearly explained by the attendant. Please feel free to ask any questions or voice any concerns that you might have at this time.

#### PLEASE FOLLOW OUR DIRECTIONS

- 1. Avoid Overexposure. As with natural sunlight, overexposure can cause eye and skin injury and allergic reactions. Repeated overexposure can cause premature aging and skin cancer.
- 2. Please inform us if you are taking any sun sensitive drugs. Medications or cosmetics may increase your sensitivity to the UV rays. Consult a physician before tanning if you are taking such drugs or have a history of skin problems or believe yourself especially sensitive to sunlight.
- 3. Wear Protective Eyewear. Failure to wear goggles may result in severe burns or injury to the eyes.

We thank you for your cooperation and hope we can work together to provide you with the healthiest tan possible.

I have been given instructions for the proper use of the equipment and use it at my own risk. I hereby release the owners, operators, and maufacturer from any damages that I might incur due to the use of these facilities.

| Signature | If Under 18, Parent/Guardian<br>Signature |
|-----------|---|
| Date      | ·   |

Do you tan easily?

Do you burn easily in the sun?

Are you allegic to the sun?

Have you had sun poisoning?

Do you wear contacts?

Y or N

Are you 18 years or older?

Y or N

Do you have any contagious skin disease or any other disease?

PHAW 2-19-92 AH#7 6-9

| CLIENT WAIVER/PARENTAL CONSENT   | 6/14/77                      | <del>-</del> :                          |                                       |                    |              |
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| 3. HAVE YOU HAD ANY PRIOR SKIN DAMAGE FROM THE SUN OR IN THE USE O   | Z                            | 14.6.9                                  | 1/5                                   | 29.                |              |
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# HISTORY OF SUNFIT

In the fall of 1984 two Lenexa residents emerged as leaders in the tanning industry. Beginning with the opening of Sunfit Tan, Susan Macauley and Linda Sweat built a reputation for maintaining high standards for operation while providing superior customer service. As owners of tanning salon Susan and Linda recognized the importance of being in the salon and actively participating in the daily operation. They made a point of establishing in their clients a feeling of comfort and concern for their well being...

Vicki Hurst, a long time Sunfit patron and Lenexa resident, acquired Sunfit in June 1990. Recognizing the previous owner's success in the tanning industry, Vicki immediately assumed an active role in the salon's daily operation to continue providing the superior customer service that established Sunfit as the leading tanning salon in Lenexa. As an aggressive business woman, she quickly established herself in the tanning community by completely remodeling the salon, purchasing the latest tanning equipment, including the newest Wolff tanning bed - the California 30, and adding several new nail care services of which she takes a personal interest...Vicki is a licensed nail technician, graduating in the top 3 of her class at LaBaron Hairdressing Academy.

Sunfit is a member of S.A.E., Suntanning Association for Education. Mike Hurst, Vicki's husband, is certified through S.A.E.'s Tanning Training Course. Sunfit maintains their tanning lamps frequently, and uses only the most current technology.

As both a Tanning Consultant and a Nail Technician, Vicki has one additional theory for Sunfit... perfection.

Once you've tanned at Sunfit, you won't trust your tan to anyone else.

Vicki D. Hurst, President

# **TANNING TIPS**

- 1. Discuss your skin type with one of our tanning consultants. Tanning works differently with different skin types.
- 2. If you are taking medication, check the photosensitive medication list before tanning.
- 3. It is <u>mandatory</u> that you wear FDA certified goggles while tanning. UV light can damage the eyelid and/or retina.
  - \* Although Sunfit uses the strongest disinfectants available, it is recommended you purchase your own eyewear.
- 4. Do not exceed the recommended exposure time for equipment. FDA prohibits tanning more than once a day for the recommended exposure time. Successful tanning results can be achieved without overexposing the skin to UV light.
- 5. Use only approved indoor tanning lotions Do not use sunscreens. Outdoor tanning lotions can damage the acrylic and block UV light from the skin.
  - \* Sunfit recommends and sells several indoor and outdoor tanning lotions for adults and children, ask our tanning consultants for more information.
- 6. Tanning Accelerators & Amplifiers stimulate the melanin process and help initiate the tanning process for indoor tanning only.
- 7. Always apply a moisturizer to entire body after bathing. Darker tans are achieved by keeping the skin moist.

- 8. Apply lip balm before and after tanning to protect lips from peeling and chapping.
- 9. Drink plenty of fluids before and ther using a tanning bed. Your skin moisture content is depleted during the tanning process.
- 10. Remove make-up and perfume before tanning these can increase photosensitivity.

# TANNING DEFINITIONS

**ACCELERATOR** Designed to increase the rate at which skin tans by providing ingredients necessary for melanin production. Works beneath the skin's surface.

**AMPLIFIER** Product designed to increase absorption of UV light by the skin, works on skin's surface to Immediate Pigment Darkening, IPD.

**ERYTHEMA** To redden, blush, and abnormal redness of the skin resulting from irritation and dilation of the capillaries, often caused from over exposure to ultraviolet light (natural or artificial).

**TYROSINE** The amino acid which encourages the skin to produce melanin. natural ingredient.

**MELANIN** A brownish-black pigmen in the skin, hair and other tissues.

# SUNFIT TAN & Co. SERVICES

Sunfit is the **only** tanning salon in Lenexa which is a member of S.A.E. -Suntanning Association for Education.

- 5 Sunfit tanning beds with built in facial tanners
- 1 California 30 Wolff bed with 30 lamps
- 1 Stand-up unit with 34 lamps
- Tanning packages designed to fit every budget and schedule
- Comfort controlled atmosphere
   spacious rooms with individu
  - spacious rooms with individual stereo headphones
- Each room is sanitized after every use
- Nail Technician offering sculptured nails, hot oil manicures and pedicure.

Gift certificates available

- Indoor and outdoor tanning lotions available for adults and children
- VIP referral programs
- Fashion clothing and jewelry
- Gift certificates available for any occasion..

Christmas, birthdays, Mother's Day, Secretary's Day, Valentine's Day...

- All equipment complies with FDA regulations
- Refreshment area

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• riofessional tanning consultants available

# Tanning Package Recommended:

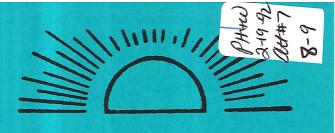
Tanning Package
Purchased:

## **Next Appointment...**

Date Time



As Lenexa's leading tanning salon, Sunfit wishes to encourage responsible tanning, indoors and out.



# Sunfit tan tan Co.

Lenexa's leading Tanning & Nail Salon

12102 W. 87th Street Lenexa, Kansas 66215

**Tanning** 

(913) 492-5225

**Nail Services** 492-5581