

March 6, 2025

TESTIMONY OF ELAINE MYERS

Opponent — Senate Bill 256

To: Senate Government Efficiency Committee

Chairperson Erickson, Members of the Committee,

My name is Elaine Myers and I am writing to express how working from home has been a significant benefit in my role within the department for children and families.

As my job is emotionally demanding, the flexibility of remote work has been essential in preventing burnout. It allows me to manage the stress that comes with my responsibilities, helping me maintain my well-being and perform at my best, even during challenging periods.

Additionally, working from home has reduced the number of sick days I need to take. When my child is unwell, I am able to remain productive and continue contributing to my work without interruption, ensuring that I meet my responsibilities despite family circumstances. This flexibility has allowed me to stay engaged and focused on my tasks.

Lastly, working remotely also eliminates the challenges of commuting during bad weather, ensuring that I can remain on-task and perform consistently, regardless of external factors.

In sum, the ability to work from home has been invaluable in maintaining my performance and preventing burnout in a demanding role.

Thank you for considering this perspective. I truly appreciate your support.

Sincerely,

Elaine Myers

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